

Guildhall Mentoring & Coaching, in association with Linden Learning

In a world of complex relationships, instant communication and constant change, coaching is increasingly being seen as an essential tool in helping to bridge the gap between potential and achievement.

The Guildhall Coaching approach aligns with our ethos as a world class performing arts institution; to support, challenge and inspire you. Our training provides a rigorous blend of theory and practice, and is highly interactive. Training is delivered in association with specialist coaching provider, Linden Learning.

Senior Tutors

Jenny Rogers has 24 years of experience as an executive coach. Her current clients include HM Ambassadors and other senior civil servants, chief executives in healthcare, medical directors, partners in the 'big four' consultancy firms among many others. She has been training and supervising other coaches all over the world for 17 years. Jenny has a life-long interest in development, starting with 6 years as a teacher in early career then as an Education Advisor for the BBC where she later ran the management development department after 16 years as a TV producer. Her book *Adults Learning* is now in its 5th edition and she has written extensively on coaching and on psychometrics as well as four books on career themes. Her book *Coaching Skills: A Handbook* is widely regarded as the standard work internationally on how to coach.

Jane Cook is an executive coach and coach trainer. Her previous experience as a headteacher, government policy advisor and managing director of consultancy firm, Linden Learning has given her insight into leadership and change in a variety of settings. She has had particular success working with clients from the arts and education sectors, helping them to maximise their own potential as well as learn how to unlock potential in others. Her current clients include Norwegian Academy of Music, Active Learning Trust, The Arts Council and South Thames Early Education Partnership as well as senior leaders from settings across the education sector. A philosophy graduate, Jane holds a postgraduate coaching Diploma from the Institute of Leadership and Management and is a Senior Practitioner with the European Mentoring and Coaching Council (EMCC).

Coaching: Intensive Skills Course (5 Days) Plus Diploma/ Certificate in Coaching (ILM)

Every day felt like a great adventure. I learned what an infinitely versatile and invaluable skill coaching is when done well. I also, somewhat unexpectedly, learned a lot about myself. I could not recommend this course more highly, both for those who want to enhance their existing coaching skills and also for those who are new to the discipline.”

Lisa Zeff, International Television Executive & Recruiter

What you will gain from training to coach

Coaching has its own unique set of skills, harder to do well than they first appear. Whether you want to develop your coaching skills within an organisation or as an independent coach working with a range of clients, this course will equip you with state-of-the-art skills and knowledge.

The course will help you get to grips with the neuroscience and psychology behind coaching, and why it is so powerful as an agent of change. You will learn how coaching can build engagement in teams and individuals - and how it links with successful organisation performance. You will also take away the practical tools with which to coach; how to work with people on their blocks and barriers and engage their motivation; how to ask the powerful questions that both challenge and support and how to deal with strong emotions and give feedback effectively.

This course can be taken as stand-alone training, or as part 1 of the LIM L5 or L7 Certificate of Diploma coaching qualification. This course is run in association with Linden Learning and Consult East.

Part 1: The five-day intensive skills course

This can be taken as a stand-alone event or as part 1 of the ILM L5 or L7 Certificate or Diploma coaching qualification. It will be a rigorous blend of theory and practice and highly interactive. You will be expected to work in both coach and client roles on real issues with ample opportunities for carefully managed practice, observation and feedback. There will be a comprehensive manual of hand-outs as well as a copy of Jenny Rogers' Coaching Skills: A Handbook and full MBTI assessment.

Part 2: developing a portfolio for assessment by the ILM

This takes the learning into more depth, with a personal learning journey for developing coaches. We will provide you with an experienced coaching supervisor who will give you one to one supervision in developing your practice as a coach in addition to 3 face to face workshops, 3 virtual seminars, 3 best practice events and

supported self-study. This period of study and practice usually lasts over 12-18 months whilst you build up your coaching hours and complete your assignments.

Part 1 and Part 2 together are accredited at post-graduate level with the Institute of Leadership and Management.

“This has made me (and will continue to make me) a more effective leader and manager by enhancing my awareness of what I need to do to get the best out of the people around me. This type of self-awareness is so overlooked and yet so critical to the success of any relationship, personal or professional.”

Alan Watt, Chief Executive, Academy of St Martin’s in the Fields

Course Dates

- 4/5/6 Dec 2017 & 4/5 Jan 2018
- 4/5/6 July & 12/13 July 2018

Pricing and qualification options

Qualification	Certificate/Diploma	Price*	Total Price	Total Price with discounts (If applicable**)
Part 1 only	Certificate	£1,800	£1,800	£1,440
Part 1 & Part 2	Level 5 Certificate	£1,700	£3,500	£2,800
	Level 7 Certificate	£1,800	£3,600	£2,880
	Level 5 Diploma	£1,950	£3,750	£3,000
	Level 7 Diploma	£2,100	£3,900	£3,120

*All prices shown above are exclusive of VAT. Linden Learning and Consult East are VAT registered companies and VAT will be applied to all invoices

** 20% deduction will be applied to pricing if delegate is paying for both parts of the course on enrolment and/or is self-funding.

Leader as Coach: 3 Day Coaching Course for Leaders and Managers

Why learn to coach as a leader and manager?

Leading a team is a tough job. You need to manage performance, but take people with you. You must set high standards and be in control, but also encourage and develop staff. This course has been developed from our shared passion about the importance of coaching as a key behaviour for any manager, one that gets results and aligns people to what the organisation needs. Everything we teach is based on evidence, on our experience as managers ourselves and on working as coaches with many thousands of managers in both the public and private sector.

The course will empower you to ask powerful questions that create new thinking and give feedback that is heard and acted upon - developing employees and creating a culture of positive engagement in your organisation.

About the course

We believe that practice leads theory by a long way when it comes to learning to coach. We therefore always teach in small groups and with at least two tutors. We work on real material with real people - no watching videos! On the first two days we teach the core skill you need to use a coaching approach as a leader and manager. You then have a few weeks to practice and reflect before the final day. During this time you will have a one to one session with one of the course tutors. We provide a comprehensive handbook and manual.

Course Dates: 13/14 March & 9 May 2018

Fee: £1,000

“This coaching course is the best and most effective training I have undertaken in recent years. It has allowed me to reflect both personally and professionally and due to this I feel liberated. The trainers are hugely inspirational and they support you to enhance your strengths but also to develop and grow your mind.”

Bryony Surtees, Executive Head Teacher, Chesterton & Isle of Ely Primary School